### **Mountain Safety**

Giants Ridge is committed to promoting user safety for our guests, all over the mountain, no matter what the season is.

Outdoor on mountain sports are active and exciting with inherent risks that cannot be eliminated, including the risk of serious injury and death. Because of these risks, it is YOUR responsibility to be aware of your surroundings, the conditions, and your ability.

The information contained here is designed to help you - our valued guest and partners in safety – to enjoy outdoor sports at Giants ridge in a safe and responsible manner. Learning and practicing what is contained here, using common sense, and making good decisions will contribute to your safety and the safety of all guests.

As your partner in safety Giants Ridge works by:

- providing guest education on how to ski and snowboard responsibly;
- offering ski and snowboard lessons from qualified instructors;
- providing a trained mountain patrol to provide first aid, assess mountain safety, post warnings, and close trails.
- conducting ongoing lift inspections and maintenance, work with regulatory agencies, and trained staff to operate lifts;
- monitoring of weather and mountain conditions and modify operations when appropriate;
- providing trail difficulty rating symbols relative to this resort's specific terrain;
- using required and industry approved signage to help direct and educate guests.

#### Winter

On the Slopes Before You Go

- Use properly maintained equipment. Have bindings inspected and correctly adjusted by a certified technician. Equipment may be rented from our rental shop.
- Wear a properly fitted helmet. To learn more about helmets, visit:

# www.Lidsonkids.org

- Dress in water and wind resistant outerwear and layers to accommodate changing conditions
- Use sunscreen and wear goggles or sunglasses to protect your eyes
- Know your physical limits

 Sign up for a lesson. Even experienced level skiers can benefit from a professional lesson.

Giants Ridge welcomes guest using the following snowsports equipment

- Alpine Skis must have metal edges and working bindings with brakes
- <u>Telemark Skis</u> must have metal edges and a brake system or retention devices
- <u>Snowboards</u> must have metal edges and working bindings.
- Snowblades must have metal edges and retention device
- Mono Skis must have metal edges and working brake system or retention device.
- <u>Snowskates / Decks</u> must have a retention device that is to be attached to the user at all times. Must be secured on lift and not dangling down below the seat.
- <u>Snow bikes</u> must have metal edges and retention device that is attached to the user at all times. Bikes must be store bought and have no more than 2 skis. Homemade conversions are not allowed. Uphill transportation for snow bikes is limited to the Sarajevo lift. Bike are not allowed in the Terrain Parks.
- <u>Snow Shoes</u> on designated trails only
- <u>Nordic Skiing</u> on designated trails only
- <u>Snow tubing</u> in designated areas only

### The following are NOT allowed on our slopes

- Sleds, toboggans, discs, snow scooters, snow trikes, uphill traffic on alpine slopes.
- Babies are NOT allowed in Bjorns, baby carriers or backpacks on the slopes or lifts. (Policy link inserted here)
- Service Animals are NOT allowed on the chairlifts, alpine slopes or tubing lanes (policy link inserted here)

### On the Slopes

#### **Ski or Ride in Control**

- Be aware of your surroundings
- Ski or ride at a speed you are able to safely stop
- Be aware of and stay clear of any vehicles that are on the slopes

### **Look Out for Hazards and Obstacles**

- Be aware of changing conditions
- · Avoid other guests and objects you may encounter

### **Off Trail**

 Wooded areas between named trails and glades are not marked in any way, are not patrolled, and have no skier/snowboarder services. If you decide to ski or snowboard in wooded areas, within the ski area boundary, you are solely responsible for yourself. You should be an expert skier/snowboarder and you should stay in groups of three or more.

### Do NOT go in "Closed" areas

 Ropes and closures are in place for your safety. Do not ski or snowboard on or across closed trails.

# **Do NOT Ski or Ride Impaired**

Be responsible with alcohol consumption

### **Electronic devices**

 Giants Ridge strongly discourages the use of electronic devices including cell phones, personal entertainment and communication devices, and any other electronic equipment that utilizes head/ear phones while skiing and snowboarding, or loading and unloading lifts.

### **Stay Hydrated**

Your body requires more fluids during exercise

#### **Know Your Limits**

- If you are tired, stop.
- If you are injured or ill, contact the Ski Patrol or any employee

#### **GIANTS RIDGE SKI PATROL**

- Ski Patrollers are on duty when the chair lifts are operating.
- To summons a Ski Patroller, let any employee know or call the Patrol Room at 218-865-8019
- The Patrol First Aid Room is located in our South Chalet.

To Learn more about Ski Patrol, visit: www.nspserves.org

### ON THE SLOPES - Your Responsibility Code

# You Responsibility Code

Giants Ridge is committed to promoting skier safety. In addition to people using traditional alpine ski equipment, you may be joined on the slopes by snowboarders, telemark skiers or cross-country skiers, skiers with disabilities, skiers with specialized equipment, and many others. Always show courtesy to others and be aware that there are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce greatly. Know your ability level and stay within it. Observe "Your Responsibility Code" listed below and share with other skiers the responsibility for a great skiing experience.

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Know the code. It's your responsibility

ON THE SLOPES - Trail Signage

#### **Trail Rating Symbols**

- Skiers and Riders should be advised that a green circle, blue square, or black diamond trail at Breckenridge Ski Resort is not necessarily the same as a green circle, blue square or black diamond trail at other resorts. The system is a relative rating of trails at each resort and does not compare trail difficulty between resorts.
- Start easy and work your way up.

Green Circle: Easier

Blue Square: More Difficult



Orange Oval: Freestyle Terrain

# Trail Map (link to map)

Our trail map contains information on:

- Trail and lift locations
- Mountain service locations
- Trail difficulty

### ON THE SLOPES – Lift Safety

# <u>Loading</u>

- Remove poles from wrists and hold in one hand.
- Remove backpacks. Place on lap or on seat.
- Remove back foot from snowboard binding.
- Line up at the "Wait Here" line and prepare to move forward.
- After the chair in front passes, move to the "Load Here" line.
- Look back and grab the part of the chair that is easiest for you.

### <u>Riding</u>

- Sit down and sit back. Your back should be against the back of the chair.
- If a restrain bar is available, lower the bar when it is safe to do so.
- Remain seated and face forward.
- NO HORSEPLAY
- Never jump from a lift!

#### Unloading

- Check for loose clothing and equipment to make sure it will not get caught.
- If restraint bar is lowered, raise the bar.
- Keep your ski tips or front of your snowboard tipped up and straight ahead.
- Stand up at the "Unload Here" line and move away from the unload area
- If you fall, move out of the way if possible or wait for assistance.
- If you ride the chair past the unload area, wait for assistance. DO NOT JUMP!

### To learn more, visit:

### kidsonlifts.org

If you need assistance or there is a problem, SPEAK UP and tell a lift operator!

#### ON THE SLOPES - Terrain Parks

Freestyle terrain areas are designated with an orange oval and may contain jumps, hits, ramps, banks, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, bump terrain, and other constructed or natural terrain features. Prior to using Freestyle Terrain, you are responsible for familiarizing yourself with Freestyle Terrain and obeying all instructions, warnings and signs. Freestyle skills require maintaining control on the ground and in the air. Use of Freestyle Terrain exposes you to the risk of serious injury or death. Inverted aerials are not recommended. You assume the risk.

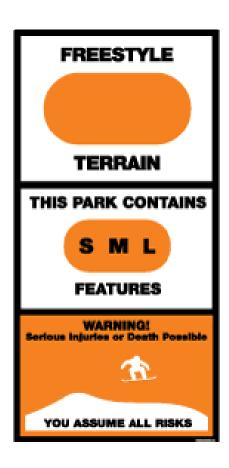
- Only enter terrain parks through the "gate" at the top. Do not cut under ropes to access the parks.
- The sign at the top of the Terrain Park will tell you what size features you can expect in the park.

### **PARK SMART**

- START SMALL Work your way up. Build your skills.
- MAKE A PLAN Every feature. Every time.
- **ALWAYS LOOK -** Before you drop.
- RESPECT The features and other users.
- TAKE IT EASY Know your limits. Land on your feet.

### To learn more, visit:

www.terrainparksafety.org



## ON THE SLOPES - SnowTubing

- Riders must be at least 42" tall and 5 years old.
- Wear snow boots. Ski boots are not allowed.
- One tube per person
- A handle tow will pull you and your tube to the top of the hill. To load, sit down in your tube and the Lift Operator will give you a handle. Be sure to hang onto the handle until you reach the top of the hill.
- When you reach the top of the hill get out of your tube and move to one of the lanes.
- Wait until the lane is clear before starting downhill
- · Remain seated throughout the ride.
- When you come to a stop, get up and move out of the way.

#### FAT TIRE BIKING

- We have over 60km of Nordic / Fat Tire Bike Trails
- Rental equipment is available in our Rental Shop.

### **General Fat Tire Biker Nordic Trail Etiquette:**

- Bikes yield to all other users. Skiers don't have brakes, you do!
- Fat bike lane Ride on the firmest part of the track.
- Leave room for skiers to pass.
- Do not ride in the classic ski tracks.
- Stay to the right side of the trail around corners and look for oncoming traffic.
- Allow the track time to set-up after grooming and before riding.
- Don't ride any old mountain bike out there Purpose-built fat bikes only!
- Spread the word about fat tire biking at Giants Ridge make it fun, keep it safe.
- Be an ambassador for the sport stay polite, educate other bikers, discourage bad behavior, follow the rules, and we'll all have a good time!

### Trail Rating Symbols

Trail rating symbols indicate the difficulty level of the terrain.

Start easy and work your way up.

• **Green Circle**: Easier

• Blue Square: More Difficult

Black Diamond: Most Difficult

## Do NOT ride on the groomed trail if:

There is fresh snow, and you are leaving a tire rut deeper than one inch

- You are having a hard time riding in a straight line
- Your bike's tires are narrower than 3.7"
- Your bike's tire pressure is greater than 10 psi

### NORDIC AND SNOWSHOE TRAILS

- We have over 60km of Nordic and Snowshoe Trails
- Rental equipment is available in our Rental Shop.

### **Trail Guidelines**

- Stay to the right and travel in single file.
- Downhill persons have the right-of-way.
- Stop where you are visible to others.
- Avoid obstructing a trail.
- Fill in any holes created by falling.
- Pack it in, pack it out.
- Avoid loud and/or abusive language or actions.

### **Tips for the Trail**

- Dress in layers and appropriate gear to keep warm and dry.
- Be prepared for sudden changes in weather.
- Wear sunglasses and sunscreen.
- Carry nutritious snacks and plenty of water.
- Bring a trail map and be aware of where you are at all times
- Carry a first aid kit and know how to use the items inside.

- Carry identification with a list of medications and contacts.
- Tell someone where you are going and when you plan to return.

### **SUMMER**

# ON THE TRAILS - Before you go

- Use properly maintained equipment. Have your bike inspected and correctly adjusted by a certified technician. Equipment may be rented from our rental shop.
- Wear a properly fitted helmet that is designed for the type of biking activity in which you will partake
- Dress in water and wind resistant outerwear and layers to accommodate changing conditions
- Be aware of changing weather and seek shelter if a storm approaches
- Wear sunscreen and sunglasses
- Know your physical limits
- Sign up for a lesson. Every experience level can benefit from a professional lesson.
- On trail Service Animal Policy (insert link here)
- Babies are NOT allowed in Bjorns or backpacks on the Trails or lifts. (Policy link inserted here)

### ON THE TRAILS

### **Ride in Control**

- Be aware of your surroundings
- Ride at a speed you are able to safely stop

### **Look Out for Hazards and Obstacles**

- Be aware of changing conditions
- Avoid other guests and objects you may encounter

### Do NOT go in "Closed" areas

Ropes and closures are in place for your safety

### **Do NOT Ride Impaired**

Be responsible with alcohol consumption

## **Stay Hydrated**

Your body requires more fluids during exercise

#### **Know Your Limits**

- If you are tired, stop.
- If you are injured or ill, contact the Bike Patrol or any employee

### **GIANTS RIDGE BIKE PATROL**

- Bike Patrollers are on duty when the chair lifts are operating.
- To summons a Bike Patroller, let any employee know or call the Patrol Room at 218-865-8019
- Our Gravity bike trails have signs that indicate access trails for the Bike Patrollers. Be ready to let the Patrollers know where you are.
- The Patrol Room is located in our South Chalet.

### To Learn more about Bike Patrol, visit:

www.nspserves.org

ON THE TRAILS - Mountain Bike Responsibility Code

Mountain biking involves the risk of injury. Common sense and caution can reduce the risk. For your safety and the safety of others, please adhere to the code.

- Ride in control and within your ability level. You must be able to avoid other people or objects.
- Stay off the lifts and trails if your ability is impaired by drugs, alcohol, or fatigue.
- All riders must wear a helmet. A full face helmet, gloves, and body armor are strongly recommended.
- Inspect your bike or have it checked by a qualified bike mechanic before you ride.
- Be sure to have the physical dexterity, ability, and knowledge to safely load, ride, and unload lifts. Ask the lift attendant for assistance if you need it.

- Be aware of changing conditions on trails and features. Inspect features before use and throughout the day.
- Stay on marked trails. Obey all signs and warnings. Do not cut switchbacks. Keep off closed areas.
- Avoid riders ahead of you. They have the right of way.
- Look uphill and yield to other riders when entering a trail or starting downhill.
- Do not stop where you obstruct a trail, or are not visible from above.
- If you are involved in or witness a collision or accident, you must identify yourself to the Bike Patrol.
- Do not feed, provoke, or approach wildlife.

For more information on Mountain Bile Responsibility Code visit:

https://youtu.be/n1ruoUu z8Y

# **Freeride**

- · Identified with an orange oval
- Machine cut containing man-made features
- · Enhanced with dirt jumps, ride-on features,
- gaps, narrow surfaces, wall rides, and berms
- Jumping skills may be required



# **Technical**

- Designed to embrace rugged shape and terrain
- · Utilizes a majority of the natural terrain
- · Routes are hand built
- Features organic obstacles such as rocks, roots, logs, drops, and jumps
- · Jumping skills may be required



#### CLIMBING WALL

- Climbing footwear, helmets and harnesses are provided with purchase of a climbing pass
- Dress for the weather. Shirts are required
- Wear sunscreen
- Know your physical limits
- Children under the age of 14 must be accompanied by an adult
- Pay attention to the activity. Do not climb with headphones or ear pieces.
- Stay hydrated.
- Do not climb under the influence of drugs or alcohol.
- Improper conduct is not allowed.

### **GOLFING**

# **Before Teeing Up**

- Check the weather. Never plan to play during thunderstorms. Lightning is very dangerous on the golf course.
- Warm up. Take some practice swings. Start with shorter clubs to practice swinging. Then, build up to the longer clubs.
- Use sunscreen with an SPF of 30 or greater and wear a hat.

#### On the Course

- Be sure everyone else is a safe distance away before you swing. This
  includes people nearby who might get hit with the club and people farther
  away who could get hit with the ball.
- Stay away from other golfers who are about to swing.
- Stay out of the way of the ball.
- Yell "Fore!" if you hit a ball in the direction of other golfers. This will let the others know to watch out for the ball.
- Take cover behind a tree or a golf cart if someone yells "Fore!" If that's not possible, can cover your head and face with your arms.

- Drink plenty of water during and after play.
- Take time off to rest between rounds of golf to avoid overuse injuries

Be aware of changes in weather and get off the course if you see lightning or hear thunder

# **Lightning Safety**

Golfers carry metal clubs and are usually walking in open space or near trees. So their risk of getting struck by lightning is greater than normal.

If a thunderstorm approaches, stop playing right away and seek shelter

If you can't get to the clubhouse:

- Drop your clubs and move away from them.
- Move away from the golf cart.
- Stay away from trees and water.
- Find a low-lying area, and keep a safe distance from other members of the group.

### **Golf-Cart Safety**

- Have only licensed drivers drive the carts.
- As much as possible, stay on cart paths
- Drive straight up and down hills, and take it slow while going downhill or around turns.
- Look out for other carts where cart paths intersect

Do not let anyone hang feet, legs, arms, or hands out of a cart while it's in motion.

#### DISC GOLF

- Wear appropriate clothing for the weather
- Wear appropriate footwear for walking on uneven terrain
- Wear sunscreen and a hat
- Be aware of changing weather and seek shelter if a storm approaches
- Watch your step! The terrain is rugged.

- Throw from designated areas; these have been specifically located for reasons of safety and challenge.
- Be sure the fairway is clear before throwing. Pedestrians have the right of way. Yell "fore!" if a thrown disc is approaching a pedestrian.

#### **POLICES**

### Giants Ridge Resort On-Mountain Service Animal Policy

Out of safety concerns for our guests, employees, and resort property, Guest Services Management under its operational plan and as operator of Giants Ridge pursuant to the Americans with Disability Act (ADA) and federal requirements of 28 C.F.R. § 36.301 et seq., it is Giants Ridge's policy that service animals (which as defined under the ADA can only be dogs or miniature horses) are not permitted on chairlifts at the resort, based on the legitimate safety requirements determined by Giants Ridge regarding the safety of other guests and employees, as well as, the safety of the service animal itself. In addition, Giants Ridge does not allow service animals to accompany quests skiing, snowboarding, or tubing on the mountain slopes or biking on the mountain trails. This policy of restricting service animal on both chairlifts and accompanying quests while using Giants Ridge's ski and mountain bike terrain also applies equally to all other animals, including pets and emotional support animals. These safety concerns include the real potential for conflicts between service animals and skiers and riders, and are compounded by the large volume of slope and trail use. These safety requirements are based on actual risks and are not intended to be discriminatory in any way.

### Policy on Baby Bjorns / Babies in Backpacks Policy

Out of safety concerns for our guests, employees, and resort property, Guest Services Management under its operational plan and as operator of Giants Ridge does not allow skiers or snowboarders to carry an infant or toddler in backpacks, chest packs, baby bjorns or other similar devices on their bodies. This policy stems, in part, from the safety concerns with the infant and/or parent, as well as, for the safety of our employees. The basis for this policy, in part, is that the national safety standards which govern chairlift design and operations (referred to as the ANSI B.77 passenger ropeway standards) require chairlift passengers to be individually able to access chairlifts on their own accord and ability. Also, the chairlift's design may also preclude this type of use of a pack by a guest. In addition, because of safety concerns related to the potential evacuation of chairlifts, and the equipment harnesses employed in such evacuations, our evacuation

procedures require that passenger to be unencumbered by such packs carrying infants – both for the safety of our guests and our employees/ski patrol who conduct such evacuations. Lastly, there are additional safety concerns related to skiing or snowboarding with and infant in such a pack, especially the potentially elevated risks of skier vs. skier collisions and the potential harm to an infant in a pack – no matter how well trained or the expertise of the adult carrying the infant.