

Sheila Rothman
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Giants Ridge Adaptive Ski Program
6438 Woodland Court
Aurora, Minnesota 55705

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Giants Ridge Adaptive



Ski Program



COURAGE
CENTER
DULUTH

For more information on Courage Center visit: couragecenter.org.

Discover the possibilities that downhill skiing has to offer your child.

We are pleased to announce several dates that an Adaptive Ski Program will be available for youth with physical disabilities ages six and older at Giants Ridge Ski Resort.

Trained volunteers will be on hand to assist participants with set up on state-of-the-art adaptive equipment, skiing instruction and using the chair lifts.

Pre-program day registration is required for one or all six sessions. Registration slots are limited to the number of program volunteers and equipment available on any given Sunday.

Session A-Sunday, January 30
 Session B-Sunday, February 6
 Session C-Sunday, February 13

Session D-Sunday, February 20
 Session E-Sunday, February 27
 Session F-Sunday, March 6

Time Slot A:10:30am-12:00pm
 Time Slot B:12:30pm-2:00pm

**Participant weight limit:150 lbs.*

Ski participants and care providers should arrive at the Chalet 20 minutes prior to their session for check-in. Before leaving home call the Courage Center Hotline 218-726-4834 to verify your session has not been cancelled. (after 8:30am)

Care provider must remain at Giants Ridge during session.
Lift tickets for family members available at check-in table for \$20.



Fee per session: \$20

Checks payable to: Courage Center Duluth
 Mail to: Sheila Rothman
 6438 Woodland Court, Aurora, MN 55705

Name _____

Age _____

Date Requested	Time Slot
_____	_____

Address _____

City _____

State	Zip
_____	_____

Phone	Cell
_____	_____

E-mail _____

Disability _____

Height	Weight
_____	_____

Emergency Contact _____

Emergency Phone _____

Program made possible by Courage Center Duluth in cooperation with Giants Ridge and the support of the Iron Range United Way. Past support provided by the Cliff Foundation.



Questions? Call Sheila Rothman 218-865-0174 or email Sheila.Rothman@couragecenter.org