

## Volunteer for the Adaptive Ski Program at Giants Ridge!



Courage Center sponsors an Adaptive Ski Program at Giants Ridge for disabled children ages 6-18. Volunteers are needed who are willing to be trained to assist or tether the bi-skis that allow these children to experience riding a chair lift and skiing down the hill. Volunteers would be asked to attend a two-day training session At Giants Ridge December 10 and 11, and work with participants on one or more of the Sunday sessions of the program. The program will be offered on these Sundays in 2012:

- February 5, 12, & 26
- March 4, 18 & 25

There are two sessions each Sunday: One at 10:30a .m.-noon, and a second from 1:00-2:30 p.m. Each volunteer will be given an alpine pass for the day if they do not already have a season pass. This alpine pass may be used by the volunteer for the entire day allowing for some free ski time.

Last year's program was a tremendous success that resulted in several area disabled children enjoying an outdoor activity that they and their parents might not have thought possible. We would like to extend this experience to more children in the area and with your help, we can!

The smiles on these children's faces after skiing down a mountain for the first time can only be matched by the smile on the volunteer's face, knowing how they contributed to this amazing experience for these deserving kids.

**To register as a volunteer or for more information contact:  
Sheila Rothman, Courage Center Coordinator at Giants Ridge  
218-865-0174 or [sheilarothman@mac.com](mailto:sheilarothman@mac.com)**